

North Dakota

TRIO Factbook

PROVIDING HOPE & OPPORTUNITY
FOR DISADVANTAGED STUDENTS



Division of Student Services
Office of Higher Education Programs
Office of Postsecondary Education
U.S. Department of Education

FEDERAL **TRIO** PROGRAMS

Educational Talent Search
Upward Bound
Student Support Services
Educational Opportunity Center
Ronald E. McNair Post Baccalaureate Achievement Program

HISTORY

The term TRIO is actually an acronym describing the first three programs that began in the mid 1960's. Upward Bound was the first program emerging out of the Economic Opportunity Act of 1964 in response to the administration's War on Poverty. Educational Talent Search was the second program to be created as part of the Higher Education Act of 1965. In 1968 Student Support Services, which was originally known as Special Services for Disadvantaged Students, was the third educational opportunity program to be authorized through Higher Education Amendments. The target groups to be served by the TRIO programs were students who came from low income families and/or families where neither parent completed bachelor level college degrees.

Over the past 50 plus years, TRIO programs have successfully impacted the lives of millions of students by enhancing their opportunity to receive an education. The success of the original three programs made it possible for the following six programs to be added during the years 1972 to 1999.

- Veterans Upward Bound (1972)
- Educational Opportunity Centers (1972)
- TRIO Training Grants (1976)
- Ronald E. McNair Post Baccalaureate Achievement Programs (1989)
- Upward Bound Math and Science Centers (1989)
- Dissemination Partnerships (1999)

PURPOSE

All of the TRIO programs share a foundational goal and that is to assist eligible students in achieving a bachelor level post-secondary education. Each TRIO program serves a different population of student, based upon their academic, career, educational, and personal needs. All the TRIO programs provide a similar array of retention based academic and personal services that are designed to prepare participants for subsequent levels of education.

SUCCESS AND GROWTH

As mandated by Congress, two-thirds of the student served must come from families with incomes at 150% or less of the federal poverty level and in which neither parent graduated from college. More than 2,800 TRIO projects currently serve close to 790,000 low-income Americans. Many programs serve students in grades six through 12. Thirty-five percent of TRIO students are Whites, 35% are African-Americans, 19% are Hispanics, 4% are Native Americans, 19% are Hispanics, 3% are Asian-Americans and 4% are listed as "Other," including multiracial students. More than 7,000 students with disabilities and approximately 6,000 U.S. veterans are currently enrolled in The TRIO programs as well.

NATIONAL AND STATE IMPACT

- Currently, 4,830 low income and/or first generation North Dakota students are receiving retention based academic services from TRIO programs, to prepare students for postsecondary education.¹
- North Dakota rural schools and Native American reservation schools have the highest percentages of students participating in TRIO programs in the state. These two groups are traditionally underrepresented at the postsecondary level.
- Since 1965 an estimated two million U.S students have graduated from college with the assistance and support of the TRIO programs.
- In 2014, High school graduates who participated in TRIO/Talent Search programs, enrolled in postsecondary institutions at a rate of 79.7%.² This rate exceeded the national postsecondary enrollment of 68.4% for all students.³
- In 2013, 85% of all students who participated in TRIO/UPWARD BOUND enrolled in college in the fall following high school graduation,⁴ compared to the national rate of 65.9 %⁵
- A recent evaluation determined that participants in TRIO/Student Support Services (SSS) were more likely to remain enrolled in higher education, accrue more college credits, and earn higher grade point averages than similar students who did not receive such services.⁶ SSS participants also had a B.A. attainment rate of 38% -- 24 percentage points higher than predicted than if they had not received TRIO/SSS services.⁷
- An analysis of participants in the TRIO/Educational Opportunity Center program (EOC) found that more than half (57.6%) of “college-ready” students were enrolled in institutions of higher learning and 71% of eligible EOC participants (high school seniors, postsecondary dropouts, etc.) applied to college.⁸
- The TRIO program called Ronald E. McNair Post- Baccalaureate Achievement is one of only a few programs in America that prepares low income, first generation and minority undergraduates for doctoral study.

¹Unless otherwise noted, information for this report has been taken from the Council for Opportunity in Education website, www.coe.net.org.

²Talent Search Grantee-Level Performance Results: 2013-14 (retrieved at <http://www2.ed.gov/programs/triotalent/granteelevel.html>)

³U.S. Bureau of Labor Statistics (2015). *College Enrollment and Work Activity of 2014 High School Graduates*. (retrieved at http://www.bls.gov/news.release/archives/hsgcec_04162015.pdf).

⁴Upward Bound and Upward Bound Math Science Grantee-Level Performance Results: 2012-13 (retrieved at <http://www2ed.gov/programs/trioupwardbound/grantee-level.html>).

⁵U.S. Bureau of Labor Statistics (2014). *College Enrollment and Work Activity of 2013 High School Graduates*. (retrieved at http://www.bls.gov/news.release/archives/hsgcec_04222014.pdf).

⁶Bradford, C., Muraskin, L., Cahalan, M., & Rak, R. (1997). *National study of Student Support Services: Third-year longitudinal study of results and program implementation study update*. Washington, DC: U.S. Department of Education.

⁷Bradford W. Chaney, “National Evaluation of Student Support Services: Examination of Student Outcomes After Six Years,” *Westat for U.S. Department of Education, Office of Planning, Evaluation and Policy Development, Policy and Program Studies Service*, Apr. 2010.

⁸U.S. Department of Education, *Educational Opportunity Centers Grantee Level Performance Results: 2013-14*; U.S. Department of Education, *Federal TRIO Programs, A Report on the Educational Opportunity Centers Program: 2007-08, with Select Comparative Data, 2002-07*.

NORTH DAKOTA **TRIO**

<u>PROGRAM</u>	<u>STUDENTS SERVED</u>	<u>AWARD</u>
<u>EDUCATIONAL OPPORTUNITY CENTER</u>		
UNIVERSITY OF NORTH DAKOTA	<u>1,204</u>	<u>\$361,014</u>
TOTAL	1,204	\$361,014
<u>McNAIR POST-BACCALAUREATE</u>		
NORTH DAKOTA STATE UNIVERSITY	29	\$254,318
UNIVERSITY OF NORTH DAKOTA	<u>28</u>	<u>\$243,000</u>
TOTAL	57	\$497,318
<u>STUDENT SUPPORT SERVICES</u>		
CANKDESKA CIKANA COMMUNITY COLLEGE/		
LITTLE HOOP COMMUNITY COLLEGE	100	\$281,511
DAKOTA COLLEGE AT BOTTINEAU	140	\$220,000
DICKINSON STATE UNIVERSITY	200	\$260,369
LAKE REGION STATE COLLEGE	160	\$247,578
MINOT STATE UNIVERSITY	200	\$219,999
NORTH DAKOTA STATE UNIVERSITY	350	\$422,941
SITTING BULL COLLEGE	140	\$220,000
UNIVERSITY OF MARY	160	\$281,510
UNIVERSITY OF NORTH DAKOTA	<u>300</u>	<u>\$336,183</u>
TOTAL	1,750	\$2,490,090
<u>DISABLED STUDENT SERVICES</u>		
MINOT STATE UNIVERSITY	110	\$220,000
TOTAL	110	\$220,000
<u>TALENT SEARCH</u>		
CANKDESKA CIKANA COMMUNITY COLLEGE	600	\$230,000
UNIVERSITY OF NORTH DAKOTA	<u>971</u>	<u>\$443,151</u>
TOTAL	1,571	\$673,151
<u>UPWARD BOUND</u>		
NORTH DAKOTA STATE UNIVERSITY	50	\$250,000
UNIVERSITY OF NORTH DAKOTA	<u>88</u>	<u>\$394,416</u>
TOTAL	138	\$644,416
GRAND TOTAL OF ALL 17 TRIO PROGRAMS IN NORTH DAKOTA	4,830	\$4,885,989
AVERAGE COST PER STUDENT		\$1011
(2014-15 DATA U.S. DEPARTMENT OF EDUCATION)		

EDUCATIONAL TALENT SEARCH

TRIO

TALENT SEARCH

Program Description:

The Educational Talent Search Program identifies disadvantaged young people who have the desire and the potential for success in post-secondary education. ETS encourages participants to continue and graduate from secondary schools or to return to high school if they have dropped out. The goal of ETS is to have participants enroll in some form of post-secondary education.

Participant Eligibility:

Students must be between the ages of 11 and 27 and have completed five years of elementary education.

In any given project, two-thirds (2/3) of the participants must be low-income persons who are also potential first generation college students.

Sponsoring Institutions:

Educational Talent Search Programs may be sponsored by institutions of higher education, public and private nonprofit agencies, and in exceptional cases, secondary schools.

Application/Funding Process:

Competitions for Educational Talent Search funding are held every four years. Second, third, and fourth year funding is based on approval of a non-competing continuation application. The grant competitions are held every five years.

Services Provided by ETS

- Student academic, financial, and personal counseling
- Career exploration and aptitude assessments
- Assistance with the re-entry process to high school or college
- Information on post-secondary education
- Personal development workshops in areas such as test taking and study skills
- Assistance in completing college admissions testing, college admissions applications, and financial aid applications
- Personal growth activities focused on sixth, seventh, and eighth graders
- Tutoring sessions for students with academic need
- Parental involvement
- Mentoring
- Workshops for the families of participants

NORTH DAKOTA TALENT SEARCH

NUMBER OF AWARDS	2
AVERAGE AWARD	\$336,575
AVERAGE NUMBER OF PARTICIPANTS	786
AVERAGE COST PER PARTICIPANT	\$428

NATIONAL STATISTICS

TOTAL AWARDED BUDGET	\$134.5 MILLION
NUMBER OF AWARDS	449
NUMBER OF STUDENTS SERVED	310,199
AVERAGE AWARD	\$299,600
AVERAGE NUMBER OF PARTICIPANTS	691
AVERAGE COST PER PARTICIPANT	\$434

UPWARD BOUND



Program Description:

The Upward Bound Program attempts to generate skills and motivation necessary for success in education beyond high school. Participants are students currently enrolled in high school who meet the low income and/or potential first generation college student requirement and who are willing to prepare themselves for entry into post-secondary education.

Participant Eligibility:

Students must have completed the eighth grade and be between the ages of 13 and 19 (except for veterans), enrolled in high school, planning to go to college, and need the services in order to fulfill their goals. Two-thirds of the participants must be low-income and potential first generation college students. The remaining participants must be low income or first generation. Participants are selected based on recommendations from their counselors, teachers, and social service agencies.

Sponsoring Institutions:

Upward Bound Programs may be sponsored by institutions of higher education, public and private nonprofit agencies, and in exceptional cases, secondary schools.

Application/Funding Process:

Competitions for regular Upward Bound funding are held every four years. Second, third, and fourth year funding is based on approval of a non-competing continuation application. The grant competitions are held every five years.

Services Provided by Upward Bound

- Instruction in math through pre-calculus, laboratory science, foreign language, composition, literature, and other subjects necessary for success in education beyond high school
- Academic, financial, or personal counseling
- Exposure to cultural events
- Tutorial services
- Information on post-secondary education opportunities
- Information on student financial assistance
- Assistance in completing college admissions testing and applications and financial aid applications
- Exposure to the range of career options where the disadvantaged person might be under-represented
- Mentoring programs
- Work study positions to expose participants to careers requiring a post-secondary degree

NORTH DAKOTA UPWARD BOUND

NUMBER OF AWARDS	2
AVERAGE AWARD	\$322,208
AVERAGE NUMBER OF PARTICIPANTS	69
AVERAGE COST PER PARTICIPANT	\$4,670

NATIONAL STATISTICS

TOTAL AWARDED BUDGET	\$263.4 MILLION
NUMBER OF AWARDS	813
NUMBER OF STUDENTS SERVED	61,361
AVERAGE AWARD	\$324,000
AVERAGE NUMBER OF PARTICIPANTS	75
AVERAGE COST PER PARTICIPANT	\$4,320

EDUCATIONAL OPPORTUNITY CENTER

TRIO

EDUCATIONAL
OPPORTUNITY CENTERS

Program Description:

The Educational Opportunity Centers Program provides assistance and information to adults who seek to enter or continue a program of post-secondary education.

Participant Eligibility:

The program targets persons who express a desire to enroll, or are enrolled, in a post-secondary program and those who request information and assistance in applying for admission and/or financial aid. At least two-thirds of the students must be low-income, first generation college persons, age 19 or above, who need services in order to pursue a post-secondary education. If the services of an Educational Talent Search Program are not available in the target area, persons under 19 may be served.

Application/Funding Process:

Competitions for Educational Opportunity Center funding are held every four years. Second, third, and fourth year funding is based on approval of a non-competing continuation application. The grant competitions are held every five years.

Sponsoring Institutions:

Educational Opportunity Centers Programs may be sponsored by institutions of higher education, public and private nonprofit agencies, and in exceptional cases, secondary schools.

Services Provided by Educational Opportunity Center

- Academic, financial, and personal counseling
- Career exploration and aptitude assessments
- Assistance with the re-entry process to high school or college
- Information on post-secondary educational opportunities
- Information on student financial assistance
- Assistance in completing college admissions testing, college admissions applications, and financial aid applications
- Coordination with nearby post-secondary institutions
- Media activities designed to involve and acquaint the community with higher education opportunities
- Tutoring
- Mentoring

NORTH DAKOTA EDUCATIONAL OPPORTUNITY CENTER

NUMBER OF AWARDS	1
AVERAGE AWARD	\$361,014
AVERAGE NUMBER OF PARTICIPANTS	1,204
AVERAGE COST PER PARTICIPANT	\$300

NATIONAL STATISTICS

TOTAL AWARDED BUDGET	\$46.6 MILLION
NUMBER OF AWARDS	126
NUMBER OF STUDENTS SERVED	189,733
AVERAGE AWARD	\$369,892
AVERAGE NUMBER OF PARTICIPANTS	1,505
AVERAGE COST PER PARTICIPANT	\$246

STUDENT SUPPORT SERVICES



Program Description:

The Student Support Services Program provides supportive services to disadvantaged college students to enhance their potential for successfully completing the education program in which they are enrolled and to facilitate their transition to the next level of higher education.

Sponsoring Institutions:

Student Support Services Programs may only be sponsored by institutions of higher education. Each applying institution must be prepared to assure that each student participating in the project will be offered sufficient financial assistance to meet that student's full financial need.

Application/Funding Process:

Competitions for Student Support Services funding are held every four years. Second, third, and fourth year funding is based on approval of a non-competing continuation application. The grant competitions are held every five years.

Participant Eligibility:

To receive assistance, students must be enrolled, or accepted for enrollment, in a program of post-secondary education at a sponsoring institution of higher education and have an established need for academic assistance. All participants must be low-income, first generation, and/or physically disabled.

Services Provided by SSS

- Instruction in reading, writing, study skills, mathematics, and other subjects necessary for success in education beyond high school
- Tutorial services
- Mentoring
- Academic, financial, and personal counseling
- Exposure to cultural events
- Assistance in obtaining student financial aid
- Assistance in securing admission and financial assistance for enrollment in four-year institutions (function of SSS at two-year institutions)
- Assistance in securing admission and financial assistance for enrollment in graduate and professional programs (function of SSS at four-year institutions)
- Information about career options
- Direct financial assistance (grant aid) to current SSS participants who are receiving Federal Pell Grants.

NORTH DAKOTA STUDENT SUPPORT SERVICES

NUMBER OF AWARDS	10
AVERAGE AWARD	\$271,000
AVERAGE NUMBER OF PARTICIPANTS	186
AVERAGE COST PER PARTICIPANT	\$1,457

NATIONAL STATISTICS

TOTAL AWARDED BUDGET	\$297.3 MILLION
NUMBER OF AWARDS	1081
NUMBER OF STUDENTS SERVED	205,263
AVERAGE AWARD	\$274,983
AVERAGE NUMBER OF PARTICIPANTS	190
AVERAGE COST PER PARTICIPANT	\$1,447

RONALD E. MCNAIR PROGRAM



Program Description:

The Ronald E. McNair Post-Baccalaureate Achievement Program provides opportunities at the undergraduate and graduate levels for research or other scholarly activities at the institution or at graduate centers designed to provide students with effective preparation for doctoral study.

Participant Eligibility:

To receive assistance through the McNair Program, students must be enrolled in a degree program at an eligible institution. In all projects, two-thirds of the participants must be low-income, first generation college students. The remaining participants must be from a group that is under-represented in graduate education.

Sponsoring Institutions:

McNair Programs may only be sponsored by institutions of higher education.

Application/Funding Process:

Fiscal year 1989 was the first year of funding for the McNair Program. Grants are awarded for four years. Second, third, and fourth year funding is based on approval of the non-competing continuation application. The grant competitions are held every five years.

Services Provided by Ronald E. McNair Program

- Opportunities for research
- Summer internships
- Tutorial services
- Academic counseling
- Seminars
- Assistance in obtaining student financial aid
- Assistance in securing admission to graduate programs
- Assistance for enrollment in graduate programs
- Seminars
- Mentoring programs
- Exposure to cultural events

NORTH DAKOTA RONALD E. MCNAIR PROGRAM

NUMBER OF AWARDS	2
AVERAGE AWARD	\$248,659
AVERAGE NUMBER OF PARTICIPANTS	28
AVERAGE COST PER PARTICIPANT	\$8,880

NATIONAL STATISTICS

TOTAL AWARDED BUDGET	\$35.7 MILLION
NUMBER OF AWARDS	151
NUMBER OF STUDENTS SERVED	4293
AVERAGE AWARD	\$236,432
AVERAGE NUMBER OF PARTICIPANTS	28
AVERAGE COST PER PARTICIPANT	\$8,444

TRIO SUCCESS STORY

2016 North Dakota ASPIRE

TRIO Achiever Patricia Queen Jordheim

Returning to college as a nontraditional student I have graduated with my Bachelor's degree in Sociology with a minor in Communication, my Master's degree in Communication and will graduate with my Ph.D., in Teaching and Learning Higher Education in the spring of 2016. I was hired in in 2014 as an instructor in the Communication Program at the University of North Dakota. At this time I am teaching four sections a semester of the Fundamentals of Public Speaking and Interpersonal Communication.

As an undergraduate I was on a committee which formed the Adult Re-Entry Center on the UND campus, and acted as a student consultant to the director. While working on my master's degree I created and implemented a mentoring program to assist new nontraditional students through the Adult Re-Entry Center. I have been an active member of the President's Council on Women and a member and officer of the Association for Women in Communication, and a member of the SComm graduate student association. I was part of a research project called "Women of Wisdom" which was presented on the UND campus and at the National Communication Association. Through the research and presentation of Wise Women the recognition and celebration of National Women's Day was started on the UND campus.

Throughout my Master's and Ph.D., education I have been on the McNair graduate panel several times to talk to McNair scholars about what to expect while graduate students. I have attended conferences in Delevan, WI, Kansas City, KS, Washington D.C., Chicago, IL and Lexington, KY. I have received the UND Memorial Union Outstanding student award, a Faculty Star teaching award and been nominated for an Outstanding Faculty award.

Throughout my college career life has been challenging and rewarding. During my master's and doctoral degree studies I went through an illness which lasted six years. Additionally, my parent's health failed leading to their eventual deaths. I was instrumental in their care and support, all the while achieving academic excellence.

It was a failed marriage that led to me pursuing my lifelong dream of finishing college. Fortunate for me, I quickly became acquainted with Student Support Services in the TRIO Program and took advantage of all it had to offer me. I was tutored in math, had counseling and advising and a welcoming place to study. I earned a 4.0 my first semester and my SSS advisor, Cheryl Kingsbury, introduced me to the McNair Program. I was in McNair for two years and can't imagine how I would have made it through my college career without all the encouragement, preparation, assistance and support I received through McNair. McNair allowed me to prepare for graduate school and research. I had one of my professors tell me that through McNair I was ahead of the "game" as far as my cohort in my master's program due to the preparation provided by McNair.



While this sounds all well and good, it is because of the dedication of the people at TRIO that I owe a great deal of my success. My path takes me on occasional visits where I get both bolstered and pestered. Every single person in TRIO is encouraging and caring, willing to go the extra inches, yards and miles it takes to see me through. Pestered would be my McNair advisor who keeps me on my straight and narrow path, all in a good natured way, but not much different from actually being in the program! The impact is overarching of my entire academic career. When asked to come and help on a graduate panel, or in any other way, I hop at the chance to give back to TRIO. When one of them shows up at one my classes during the beginning of the semester with a student I make room for them in my class. I have been known to walk students over to TRIO to make sure they take advantage of their help. I can state, without a single doubt that I would not have made it through my academic career without TRIO and the outstanding people who work there. TRIO is home and the means to my success.

TRIO SUCCESS STORY

2015 North Dakota

ASPIRE

TRIO Achiever Kateri Long

I am honored to be considered for the TRiO achiever award. TRiO – Student Support Services played a huge role in the success of my educational journey.

I graduated from high school in 2008 in Rolla, ND. I knew I wanted to further my education upon graduation, despite neither of my parents pursuing college degrees. I decided to attend Lake Region State College to pursue my two year liberal arts degree, knowing long-term I wanted to become a Social Worker. Upon a tour of LRSC – I was introduced to the TRiO – Student Support Services program and immediately felt welcomed. When classes began, I soon realized TRiO would become a huge part of my educational journey. In between classes, I utilized TRiO for studying and academic support and eventually took a work study position in TRiO where could help my fellow TRiO classmates. I did office work and offered tutoring to other students as well as running a weekly study lab. My TRiO advisor was Andy Wakeford, whom acted as my aid in preparing me for a successful transfer to a University of my choosing to achieve my goal of pursuing a bachelor's degree in Social Work. Andy made sure I enrolled in all of the appropriate prerequisite classes at LRSC that the Social Work department would require. Andy drove me to the University of North Dakota, where I decided to pursue my social work degree, and joined me on a tour of campus and meeting my new campus advisor.

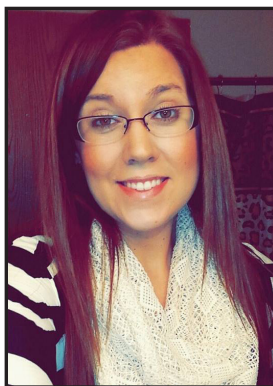
I graduated from LRSC in 2010 and was recognized with the college's Who's Who Award, which was a very meaningful achievement for me. I started attending UND in 2010 pursuing my Social Work

degree. I met Mary Fredericks, my new TRiO advisor at UND, whom helped me map out the next few years of my educational journey. Mary helped me pick out my classes, offered emotional support with the transition, which proved to be challenging and overwhelming at times. I often found myself utilizing

TRiO for a quiet, support place to study, complete homework and meet fellow TRiO students. I graduated in May 2013 with my bachelor's degree in Social Work and a minor in chemical dependency. Shortly after graduation, I took the national Social Work board exam and officially became a Licensed Social Worker. I started my first job at Altru's inpatient psychiatry (where I had previously completed a 16 week internship) on an as needed basis and gained great knowledge and experience. I recently transitioned to the Community Violence Intervention Center in Grand

Forks where I work for Kids First – a supervised visitation program that offers supervised parenting time for children and families.

I owe all of the above mentioned successes to the entire TRiO program and its caring, supportive staff. All of the individuals I met throughout my educational journey left a lasting impact on myself and my appreciation for programs available to students in need. Without the support of TRiO, students like myself may not have felt like the college experience and obtaining a college degree was within reach. At times when I felt defeat creeping up and insecurities setting in, the TRiO staff was always there to offer support and motivation toward successfully completing my educational journey. I would like to personally thank each and every one of you for your support and mentorship. It means more than you know and your kindness, dedication and caring hearts leave a lifelong impression on the students you come in contact with. Thank you for all you have done.



TRIO SUCCESS STORY

McKenzie Bixby Alum of University of North Dakota Talent Search

McKenzie Bixby is an alumna of the UND Talent Search Program. She was an active participant in Talent Search throughout her high school years. During that time, she took advantage of all of the services offered by Talent Search, including academic advising, college tours and assistance with college admissions and financial aid applications. Coming from a small, rural high school, receiving these services was an invaluable first step in helping McKenzie to pursue her dream of becoming a physician. After graduating with honors from Feltile-Beltrami High School in 2013, she enrolled as a Biology major at the University of North Dakota.

Since coming to UND, McKenzie has distinguished herself through her scholarship, leadership and volunteer service. She was

inducted into the PHI BETA KAPPA Honor Society and is on the President's Honor Roll. She has been active in UND student organizations and has served as the Vice President of the Undergraduate Medical Association. McKenzie has also excelled as a leader through her work as an academic coach and mentor

for low-income, first generation students in the TRIO/Student Support Services program. She has been a volunteer for numerous community organizations, including the Neonatal Intensive Care Unit and the Pediatric Therapy Department at ALTRU Health Systems, the Muscular Dystrophy Association and the Special Olympics.

McKenzie plans to graduate in 2017 with a Biology major with a Pre-medicine emphasis and a Deaf Studies/American Sign Language minor.

